

Claims:

1. A cabinet runner side wall extension comprising:  
a first wall including a first side and a second side opposite the first side;  
a first flange extending at least substantially normal from the first side of the first wall; and
- 5 a first tab including a first portion extending away from the second side of the first wall and a second portion extending from said first portion and spaced from and substantially parallel to the first wall.
2. The cabinet runner side wall extension of claim 1, further comprising a second flange spaced from the first flange and extending substantially normal from the first side of the first wall.
3. The cabinet runner side wall extension of claim 2, wherein the first flange extends from a longitudinal edge of the first wall and the second flange extends from an opposite longitudinal edge of the first wall.
4. The cabinet runner side wall extension of claim 2, wherein the first flange is substantially parallel to the second flange.
5. The cabinet runner side wall extension of claim 1, wherein the first tab is substantially L-shaped.
6. The cabinet runner side wall extension of claim 1, further comprising an opening in the first wall adjacent the first tab, wherein the first tab is integral to the first wall and the opening is formed as a result of the tab being formed from the first wall.
7. The cabinet runner side wall extension of claim 1, further comprising a second tab extending from the second side of the first wall, wherein the second tab includes a first portion extending away from the first wall and a second portion
- 5 extending from said second tab first portion and spaced from and substantially parallel to the first wall.

8. The cabinet runner side wall extension of claim 7, wherein the first tab is positioned adjacent a first end of the first wall and the second tab is positioned adjacent a second end of the first wall.

9. The cabinet runner side wall extension of claim 7, wherein the first tab and the second tab are positioned adjacent a first end of the first wall.

10. The cabinet runner side wall extension of claim 1, wherein the first wall, the first flange and the first tab are together formed from a single piece of metal.

11. The cabinet runner side wall extension of claim 1, further comprising a wheel positioned adjacent an end of the cabinet runner side wall extension.

12. The cabinet runner side wall extension of claim 11, wherein the wheel attaches to and is interposed between the first wall and a portion of the first flange.

13. The cabinet runner side wall extension of claim 12, wherein a portion of the wheel protrudes through an opening formed in the first flange.

14. The cabinet runner side wall extension of claim 1, wherein the first flange includes a first portion extending from and substantially normal to the first wall and a second portion extending from said first flange first portion and spaced from and substantially parallel to the first wall.

5 15. A method of manufacturing a metal cabinet runner side wall extension having a first wall, a first flange including a portion extending substantially normal from the first wall in a first direction, and a first tab extending from the first wall in a second direction, wherein the first tab includes a first portion extending from the first wall and a second portion extending from the first portion and spaced from and approximately parallel to the first wall, the method comprising:

forming a single piece of metal such that the first wall is substantially  
10 normal to a portion of the first flange;

forming an opening through the first wall to form the first tab such that a  
portion of the first tab is still attached to the first wall; and

bending a portion of the first tab such that the portion is substantially  
parallel to the first wall.

16. The method of claim 15, further comprising forming an additional  
opening through the first wall to form a second tab such that a portion of the  
second tab is still attached to the first wall, and bending a portion of the second  
tab such that the portion is at least substantially parallel to the first wall.

17. The method of claim 15, wherein the step of forming an opening  
further comprises having the first tab remain attached to the first wall along an  
edge that is substantially perpendicular to the first flange.

18. The method of claim 15, wherein the step of forming a single piece  
of metal further comprises forming a second flange in the first wall spaced from  
the first flange.

19. The method of claim 15, wherein the step of forming a single piece  
of metal further comprises forming the first flange such that a portion of the first  
flange is spaced from and at least substantially parallel to the first wall.